2nd ANNUAL ST. PATRICKS DAY

RUN TIL YOU'RE GREEN 5K!

WEDNSDAY, MARCH 17, 2010 @ 5:45PM
KAHULUI ALE HOUSE
355 E. Kamehameha Ave., Kahului

Come after work for this festive and fun run! Race a 5k and celebrate St Paddy's Day with live music, drinks, and great food at the Kahului Ale House!

Pre-Registration postmarked by March 9:
Valley Isle Road Runner members:$30 / Non members: $35
Race Day Registration from 4 to 5:15pm: all entrants $40 (t-shirt not guaranteed)
The annual fee to join Valley Isle Road Runners is $25 for an individual or $40 for a family.
REGISTER ONLINE TO BECOME A MEMBER AT: http://www.virr.com/join/

TSHIRTS, AWARDS, AND POST-RACE FOOD AND DRINKS! The Kahului Ale House is providing one beverage to each entrant (ID required for alcohol), and buffet style pupus! Stick around for awards, drinks, food and live music!

AWARDS three deep for men and women:
Leprechauns (17 and under)
Celtic Warriors (18-39)
Druids (40-49)
Arch-Druids (50-59)
Grand Druids (60+)

For more information or to volunteer, please call Rudy at (808)280-5801 or email fourx400@earthlink.net

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Make checks payable to VIRR and mail entries by March 9 to: Sam Wilbur, 171 Oluea Circle, Kihei, HI 96753

Name _____**Male**___**Female**___**Tel**_____**Email**_____

Address _____**City** _____**State** _____**Zip** _____**Age**_____

T-Shirt Size: **SMALL** **MEDIUM** **LARGE** **XL**

Entry fee: **VIRR Members pre-registration fee: $30**
Non-member pre-registration fee: $35

VIRR Liability Waiver

I, the undersigned, intending to be legally bound, hereby of myself, my heirs, my executors and administrators, waive and release any and all rights and claims for damages I may have against Valley Isle Road Runners, the Kahului Ale House, the County of Maui, the State of Hawaii and volunteers assisting the directors, their representatives, assignees, and successors for any injuries suffered by me prior to, during, or following participation in said event. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event.

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Signature (Parent or Guardian must sign if participant is under 18) **Date**