Valley Isle Road Runners
proudly presents the
31st Annual

Na Holo Wahine 2008

5K Fun Run/Walk

Saturday, May 10th • 8:00 a.m.

$23 Entry Fee

$18 VIRR Members

$25 Entry Fee Day of Race

Maui Nui Botanical Gardens near Keopuolani Park, Wailuku

Na Holo Wahine 2008

A benefit for the American Cancer Society's Breast Cancer Awareness Program

Run or Walk in Maui's Only **ALL WOMEN 5K** (3.1 miles)

SATURDAY, MAY 10th, 2008 • 8:00 a.m.

Maui Nui Botanical Gardens • near Keopuolani Park, Wailuku

$23 Entry Fee / $18 for VIRR Members / $28 Entry Fee Day of Race

Postmark Deadline: May 3rd, 2008

Entry forms available at: Local Fitness Gyms Island Wide, YMCA, Runner's Paradise and Sports Authority

COURSE: The course is a loop starting at Kanaloa turn right on Park Dri near YMCA, right on Papa Ave., left on Ka'ahumanu Ave., left on Kahului Beach Road, left on Kanaloa to the finish at Maui Nui Botanical Gardens.

T-Shirt
Refreshments
Door Prizes

TO REGISTER: Mail in official entry form to: Valley Isle Road Runners - Na Holo Wahine, P.O. Box 330099, Kahului, HI 96733. (DO NOT MAIL AFTER MAY 3) or register on May 9th at the Runner's Paradise, Maui Mall, from 5 pm to 7 pm. Same day registration available from 7:00-7:30 am on the day of the event. ($28 entry fee day of race).

MEN: *Come out and cheer for your women during the 31st Annual Na Holo Wahine 5K Fun Run/Walk!*

PACKET PICK-UP: Friday, May 9th from 5pm to 7pm at Runner's Paradise, Maui Mall.

•T-Shirt not guaranteed for late registrants.

For more information, contact Race Director at 283-7951

VIRR LIABILITY WAIVER/ENTRY FORM • NA HOLO WAHINE

OFFICIAL ENTRY FORM

NAME:_____ Age on 5/10/08 _____

ADDRESS: _____ CITY/STATE/ZIP _____

PHONE: _____ DIVISION ❑ 19 & under ❑ 20-29 ❑ 30-39 ❑ 40-49 ❑ 50-59 ❑ 60+

T-SHIRT SIZE (circle one): small medium large x-large

EVENT WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including but not limited to falls, contact with other participants, the affects of the weather, including high heat or humidity, traffic and the conditions of the road, all such risks being known and appreciate by me. Having read the waiver and knowing these facts and in consideration of your accepting my entry. I for myself and anyone entitled to act on my behalf, waive and release Valley Isle Road Runners, the County of maui, and the State of Hawai'i from all claims or liabilities of any kind arising out of my participation in this event. I also agree to submit to drug testing by any official body associated with this event. I understand that refusal to submit to this testing will result in my immediate disqualification.

Signature: _____ Date: _____