

OCT 2005



For more
information visit
these websites:



virr.com
www.rrca.org
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Questions?
Call the VIRR
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Newsletter
Interested in
volunteering?
Please call 573-7584 or
email ulukitty@aol.com

Harbor to Harbor Fun Run Sunday, November 6, 2005

Please join us for this 9.2-mile fun run. Check-in is from 6:15-6:30 a.m. The run begins at 7 a.m. at the Old Kahului Store across from Maui Mall, on Kaahumanu Avenue. The course takes runners onto Puunene Avenue, then Kuihelani Highway, onto Honoapiilani Highway and finishes in front of the Maui Ocean Center at Maalaea Harbor Village Shopping Center.

The entry fee is \$20 for VIRR members, \$30 for non-members, and \$35 for late entries after November 2nd. **There will be no race day registration.** Late registration and packet pick-up is on Friday, November 4th at Runner's Paradise in Maui Mall, from 6-8 p.m.

The fun run is a benefit for the Pacific Whale Foundation. The entry fee also includes a t-shirt and the awards party at the Maui Ocean Center, Seascope Restaurant. A breakfast buffet will be served.

See inside for an entry form; for additional forms visit the VIRR website: www.virr.com.

For information and to volunteer, please call Cheryl at 875-4208 and leave a message.

Christmas 5K & 10K Fun Runs Saturday, December 17th Volunteers Needed

The annual VIRR Christmas Fun Runs at Kanaha Beach will start at 8 a.m. A co-race director is needed to help with race logistics. Volunteers are especially needed to help set up the course—set up cones, load up tables, the race clock, and miscellaneous race equipment. People with trucks are needed to help transport the equipment. Please contact Marianne at 874-2500. Mahalo!

NEWSLETTER

Mahalo to **Bram Denhaan** for labeling and mailing the August newsletters!

SIGN-UP FOR EMAIL

Please help us keep our printing and mailing costs down. Sign up to receive your VIRR newsletter via email. Just visit the VIRR website: www.virr.com and submit your name and email address. Mahalo nui loa!

Upcoming Events



Oct 15, Saturday, 8:30 AM
Pauwela Off-road Duathlon, Haiku
Run/mountain bike/run
Call Tom or Susan at 573-5714.
See www.mauimultisportsclub.org

Oct 22, Saturday, 8 AM
XTERRA South Maui Scramble 5K/10K
See www.xterraplanet.com

Oct 23, Sunday, 9 AM
XTERRA World Championship
Off-road triathlon, Wailea
See www.xterraplanet.com

Nov 6, Sunday, 7 AM
Harbor to Harbor 9.2-Miler
Old Kahului Store
(across from Maui Mall)
Call Cheryl at 875-4208.
See entry form inside!

Nov 7, Monday, 7 PM
VIRR Monthly Board Meeting
Cameron Center, Wailuku
Call 871-6441 for more info.

Nov 13, Sunday, 8 AM
Aluminum Man "Ready or Not Biathlon"
Polo Beach, Wailea
Call Nancy or Jami, 878-2949.

Nov 24, Thursday, 7 and 8 AM
Turkey Trot 16.1 & 8.6 Milers
Rice Park, Kula
Call Cathy at 280-4643.

Dec 5, Monday, 7 PM
VIRR Monthly Board Meeting
Cameron Center, Wailuku
Call 871-6441 for details.

Dec 17, Saturday, 8 AM
Christmas 5K & 10K Fun Runs
Kanaha Beach Park, Kahului
Call Marianne at 874-2500.

Bill Crooks

Bill Crooks is a fellow lifetime member of VIRR is fighting a battle for his life right now. He has acute myeloid leukemia; acute means fast aggressive cancer. He has spent about 3 months on Oahu going through chemotherapy. He thought he was in the clear to live to 100. He never smoked or drank alcohol in his life; no tea or coffee either. His favorite foods are fish, fruits, and vegetables. Bill is 41 and has been married nearly 20 years to his wife Debra. He grew up in the Chicago area and moved to Maui over 5 years ago.

Running has been such a part of his life that he was the second car. He has run since high school (1979), non-stop. He has done several hundred races from 3.2 miles to 26.2 miles. He has ran six marathons, five Chicago and one Maui, with times as low as 3 hours and 18 minutes. He ran a marathon and a half-marathon as recently as six months before being diagnosed with leukemia.

Bill is now recovering from three rounds of chemotherapy, two of them being high induction to get him into remission. He experienced a lot of sickness, pain, and weight loss from the chemo, but he made the best of it when he could. He got many compliments on his heart from the nurses. They would say, "there goes that young-sounding heart again," and "there's that 17 year old's heart again" as they listened to his heart—a testament to you runners out there. Running does a body good.

When Bill and Debra returned a second time for consolidation chemotherapy, a male staff member said, "Did you know you guys were the favorites on the floor? Everybody loved you two." The nurses fought over who could have Bill for the day. Nurses that didn't get him still popped their heads in. Bill would say with a laugh, "What's the matter did you lose the coin toss?" Bill was just beaming. He greeted every nurse and doctor with a big smile on his face with the goal of making them laugh. He treated them like company visiting his home.

People who know Bill can't believe that he's even sick. He refuses to let depression sit in and instead enjoys the extra attention he's getting. People can't believe how he's handling this so well. Bill has experienced happiness now more than even because of all the good things people are doing for him.

Bill is currently waiting and hoping for a bone marrow match and to have the transplant before falling out of remission. He participated in the 2005 Maui Tacos 5K on September 17 and finished with a time of 35:48, 47th in his age group!

VIRR is accepting donations on Bill's behalf to help with medical expenses. If you would like to help out, you may write a check to Valley Isle Road Runners, indicate on the memo line "for Bill Crooks" and mail to VIRR, PO Box 330099, Kaula, HI 96733. Mahalo to donors Bob Craver and the Maui Marathon, Michael de la Cruz, Karl Wirtl, Marsha Sarver, Dr. Mary Trotto, Pat & Jay Satenstein, Sheri McNerthney, Wendy & Greg Walter, Jim Moriyasu, and Bram Denhaan & Joy Tamayose.

Beat the Heat Membership Fun Run—June 26, 2005

Mahalo to everyone who came out to "Beat the Heat" and enjoy the BBQ after the run; we gained nine new members and six renewals at the event. The weather held out for us this year and it was cool in Kula. Mahalo nui loa to **Bob Craver, Maui Marathon Race Director** for donating Maui Marathon merchandise for our door prizes. Thanks to the wonderful folks who volunteered: **Cathy Fitzpatrick** (registration, finish line, clean-up), **Belden Bautista** (registration), **Ralph Mintz** (race course, BBQ chef, clean-up), **Greg Walter** (race course, clean-up), **Jack Benson** (aid station), **Pat Satenstein** (refreshment/food set-up and clean-up), **Zach Kresge and friend Daniel** (finish line), and the clean-up crew—**Chris Mithen, Mike Irwin, Bruce Moore, and Mary Trotto**. Thanks also to **Mary Trotto** for donating a door prize. Mahalo also to **Ed and Nancy Tamayose** for the donating the oranges. Special awards went to **Leif Kohler** (overall top male—"coolest male"), **Lindsey Wilbur** (overall top female—"coolest female"), **Scott Seamster and Caroline Shdo** (youngest male and female), **Kendra and Esther Kennedy** (middle of the packers), **Rick Bloomberg and Rachelle Peitscher** (traveled the farthest—from Illinois and Iowa, respectively), **Maile Getzen and Anne Durham** (who lived the closet—Kula), **Buzz Drone and Mary Trotto** (young at heart—senior male and female), and **Cathy Meyer-Uyehara and Carla Shdo** (enjoyed the course the longest).

Overall Results 1. Leif Kohler 32:59, 2. Joe Alueta 34:30, 3. Louis Tomsic 36:53, 4. Scott Seamster 37:19, 5. Mike Irwin 37:35, 6. Bruce Moore 38:22, 7. Chris Mithen 38:25, 8. Lindsey Wilbur 38:46 (first female), 9. Morgan Gerdel 39:45, 10. Eric Widell 41:02, 11. Shane Peitscher 41:29, 12. Asti Tomsic 42:44 (second female), 13. Belden Bautista 42:56, 14. Eric Gerdes 43:27, 15. Mark Peterson 44:56, 16. Jennifer Gomes 45:00, 17. Nicole Forelli 46:17, 18. (tie) Kendra Kennedy 46:46, 19. (tie) Esther Kennedy 46:46, 20. Rick Bloomberg 47:32, 21. Buzz Drone 48:09, 22. Julie Rohde 49:01, 23. Theresa Doheny 49:05, 24. Meghan King 52:21, 25. Chelsea Fahsholtz 53:19, 26. Michael Clarke 53:58, 27. Mary Trotto 54:55, 28. Maile Getzen 1:01:35, 29. James Greig 1:01:36, 30. Anne Durham 1:02:25, 31. Rachelle Peitscher 1:05:49, 32. Jenn Peitscher 1:05:58, 33. Erol Ackdoe 1:07:31, 34. Karl Wirtl 1:11:12, 35. Cathy Meyer-Uyehara 1:25:11, 36. (tie) Carla Shdo (walker), 37. (tie) Caroline Shdo (walker).

VIRR All-Comers Track Meets—Summer 2005

Mahalo nui loa to **Rudy Huber of Runner's Paradise** for organizing the All-Comers Track Meets this summer! Mahalo also to everyone who helped out at the different meets. We hope everyone enjoyed participating in the running and field events.

Meet #1 Results June 10, 2005

MIXED (MALE & FEMALE) 100 Meters

Ages 5-8 1. Gabe Wilson 16.7, 2. Kyle Russell 18.14, 3. Emerald Hege 18.08, 4. Eliza Wright 21.20, 5. Jordan Zanolini 22.38, 6. Lilia Maeda 24.84. **9-12 (1st heat)** 1. Ro Wilson 14.92, 2. Ryan Macleod 15.75, 3. Dakota Grossman 16.64, 4. Lucas Zarro 17.58, 5. Erich Skrotzki 17.68. **(2nd heat)** 1. Sarah Macleod 15.24, 2. Nicholas Wright 15.49, 3. Nazereth Thibodeaux 15.58, 4. Savannah Liaina 15.87, 5. Trevor Hattabaugh 16.11, 6. Makena Wright 16.86, 7. Kyle Mackie 17.49, 8. Arianna Glauser 18.08. **13-15** 1. Sam Ohashi-White 12.64, 2. Roy Wilson 12.90, 3. Chasa Bell 13.14, 4. Conner Sturdevant 13.27, 5. Dana Ka'auamo 13.36, 6. Ayesha Pladera 13.80, 7. Aileen O'Conner 14.48. **16+ (first heat)** 1. Jeremy Aubrey 12.24, 2. Jonathan Takitani 12.27, 3. June Ann Lusk 12.40, 4. Erin Wooldridge 12.59, 5. Ciera Wilson 13.86, 6. Andre A. 14.15. **(second heat)** 1. Jerome Piano 11.74, 2. Chansi Bulosan 11.77, 3. Ethan Higa 12.77, 4. Dan Fields 15.17, 5. Rod Potter 16.55, 6. Gerry Johnson 18.08, 7. Mary Trotto 18.71.

1500 Meters

(first heat) 1. Jesse Irwin 5.57.06, 2. Erica Davidge 5.58.09, 3. Hailey Grossman 6.00.59, 4. Tomasi Pa-Hana 6.15.38, 5. Tyler Satoshige 6.16.31, 6. Dakota Grossman 6.24.15, 7. Ayesha Pladera 6.33.31, 8. Whitney Johnson 6.43.88, 9. Gabby Alexander 7.02.34, 10. Ryan Maeloen 7.08.94, 11. Chase Bell 7.18.06, 12. Sarah Macleod 7.36.06, 13. Kyle Russel 7.54.22. **(second heat)** 1. Reid Hunter 5.03.47, 2. Will Zarro 5.06.47, 3. Morgan Gerdel 5.12.34, 4. Brittany Young 5.16.59, 5. Caronne Rozet 5.37.09, 6. Phina Losano 7.03.47, 7. Kimmi Losano 7.31.28.

400 Meters

Ages 5-8 1. Jordan Zanolini 1.26.77, 2. Jerry 1.36.36, 3. Gabe Wilson 2.45.49. **9-12** 1. Ro Wilson 1.13.68, 2. Hailey

Grossman 1.23.09, 3. Trevor Hattabaugh 1.26.33, 4. Dakota Grossman 1.27.64, 5. Zachary Yanagihara 1.29.11, 6. Nicholas Wright 1.36.11. **16+** 1. Matt "Speedy" Linder 55.22, 2. Mary Trotto 1.47.77.

800 Meters

1. Brittany Young 2.30.66, 2. Caronne Rozet 2.40.15, 3. Ro Wilson 2.57.25, 4. Jesse Irwin 3.02.62, 5. Erica Davidge 3.03.75, 6. Rose Bacolini 3.12.56, 7. Gabe Wilson 3.14.94, 8. Hailey Grossman 3.16.34, 9. Dakota Grossman 3.20.47.

200 Meters

Ages 5-8 1. Gabe Wilson 37.56, 2. Emerald Hege 42.75. **9-12** 1. Ro Wilson 31.59, 2. Ryan Macleod 34.08, 3. Savannah Liaina 34.17, 4. Sarah Macleod 35.30, 5. Zachary Yanagihara 37.68, 6. Makena Wright 39.08, 7. Arianna Glauser 40.68. **13-15** 1. Conner Sturdevant 26.86, 2. Kelsie Mackie 29.49, 3. Gabrielle Alexander 32.81. **16+** 1. June Ann Lusk 25.52, 2. Erin Wooldridge 25.61, 3. Fred Losano 28.92, 4. Rose Bacolini 33.64, 5. Dakota Grossman 38.39, 6. Mary Trotto 41.68.

Long Jump

Ages 5-8 1. Gabe Wilson 11ft 1in, 2. Emerald Hege 7 ft 5in, 3. (Name not available) 4ft. **9-12** 1. Rowland Wilson 12ft 11in, 2. Rose Bacolini 12ft 1in, 3. Makena Wright 10ft 4in. **13-15** 1. Conner Sturdevant 15ft 1in, 2. Erica Davidge 13ft, 3. Ayesha Pladera 12ft 9in. **16+** 1. Ethan Higa 18ft 3in, 2. Bradley Cacayorin 15ft 8in, 3. Sam Ohashi-White 15ft 1in.

Softball Throw

Ages 5-8 1. Kyle Russel 87ft 9in, 2. Jordan Zanolini 39ft, 3. Emerald Hege 33ft. **9-12** 1. Erich Skrotzki 104ft 5in, 2. Savannah Liaina 98ft 3in, 3. Kyle Mackie 72ft 2in.

High Jump

Ages 5-8 1. Emerald Hege 2ft 6 in. **9-12** 1. Nicholas Wright 3ft 7in, 2. Ryan Macleod 3ft 5in, 3. Savannah Liaina 3ft 3in. **13-15** 1. Aileen O'Conner 4ft 4in, 2. Kelsie Mackie 3ft 10in, 3. Kamaki Huber 3ft 7in. **16+** 1. Ethan Higa 5ft 10in, 2. Bradley Cacayorin 5ft 3in 1/2, 3. Mary Trotto 3ft 3in.

Meet #2 Results June 17, 2005

100 Meters

Ages 5-8 1. Gabe Wilson 16.52, 2. Casey Rehrer 17.55, 3. Kamalei Amadeo (unattached) 18.08, 4. Emerald Hege 20.25, 5. Eliza Wright 21.92. **9-12** 1. Noah Plaza Forsythe (unattached) 15.08, 2. Daylan Machado (Kamehameha) 15.55, 3. Makena Wright 16.78, 4. Sarah Macleod 16.83, 5. Jesse Irwin 16.90. **13-15 (heat 1)** 1. Tyler Satoshige 13.20, 2. Conner Sturdevant 13.33, 3. Ciera Wilson 13.61, 4. Ayesha Pladera 13.74, 5. Sioux Gillcoat 16.49. **(heat 2)** 1. Ro Wilson 14.77, 2. Keegan Gregg 15.24, 3. Sarah Macleod 15.52, 4. Tosh Peila 16.23. **16+ (heat 1)** 1. Bradley Cacayorin 11.86, 2. Doug Kim 12.00, 3. June Ann Lusk 12.36, 4. Dan Fields 14.43. **(heat 2)** 1. Matt "Speedy" Linder 11.08, 2. Jerome Piano 11.52, 3. Sam Ohashi-White 12.26, 4. John Takitani 12.34, 5. Jeremy Aubrey 12.34, 6. Ethan Higa 12.75.

200 Meters

Ages 5-8 1. Gabe Wilson 37.33, 2. Kasey Rehrer 41.68, 3. Emerald Hege 45.43, 4. Eliza Wright 55.46. **9-12 (heat 1)** 1. Rolairen Wilson 28.98, 2. Keoni Colson 30.80, 3. Rose Bacolini 33.30, 4. Keegan Gregg (Pukalani School) 34.65, 5. Daylan Machado (Kamehameha) 35.71, 6. Tosh Peila (Makawao School) 35.74. **(heat 2)** 1. Jesse Irwin 34.58, 2. Sarah Macleod 34.58, 3. Ben Smith 36.61, 4. Zachary Yanagihara 37.59, 5. Lucas Zarro 38.14, 6. Elizabeth Zarro-40.86. **13-15** 1. Ciera Wilson 28.24, 2. Ayesha Pladera 29.02, 3. Kelsie Mackie 30.87, 4. Dennis Nakamura 31.89, 5. Gabrielle Alexander 33.30, 6. Ryan Macleod-35.31. **16+** 1. Matt "Speedy" Linder 22.92, 2. Jerome Piano 24.99, 3. June Ann Lusk 25.80, 4. Sam Ohashi-White 26.17, 5. Lamont Dawkins 26.36, 6. Conner Sturdevant 29.61, 7. Mary Trotto 39.36, 8. Gerry Johnson 39.46.

400 Meters

Ages 9-12 (heat 1) 1. Keoni Colson (St. Anthony) 1.15.87, 2. Jesse Irwin 1.21.66, 3. Daylan Machado (Kamehameha) 1.30.06, 4. Noah Plaza Forsythe 1.33.00. **(heat 2)** 1. Rolairen Wilson 1.17.81, 2. Gabe Wilson 1.22.40, 3. Keegan Gregg (Pukalani School) 1.23.02, 4. Tosh Peila (Makawao School) 1.24.51, 5. Zachary Yanagihara 1.29.74, 6. Ben Ben Smith 1.32.55. **16+** 1. Jerome Piano 54.99, 2. Sam Ohashi-White 57.02, 3. Leif Kohler

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VIRR All-Comers Track Meets—Summer 2005 (continued)

(Continued from page 3)

58.42, 4. Fran Weems 58.58, 5. Erin Wooldridge 59.20, 6. Britt Young 59.52, 7. Erica Davidge 1.15.58, 8. Mary Trotto 1.43.20.

800 Meters

(heat 1) 1. Leif Kohler 2:27.00, 2. Belden Bautista 2:49.06, 3. Tyler Satoshige 2:56.91, 4. Rochelle Marsland 3:02.18, 5. Ayesha Pladera 3:12.41, 6. Whitney Johnson 3:12.81, 7. Dennis Nakamura 3:24.81, 8. Marina Peila 3:26.06, 9. Ryan Macleod 3:26.30, 10. Sarah Martinez 3:29.84. **(heat 2)** 1. Jesse Irwin 3:07.66, 2. Erica Davidge 3:07.94, 3. Gabi Alexander 3:14.06, 4. Phina Losano 3:23.09, 5. Kimi Losano 3:27.00, 6. Sarah Macleod 3:44.25, 7. Daylan Machado 3:59.00.

1500 Meters

(heat 1) 1. Leif Kohler 4:24.15, 2. Reid Hunter 4:56.59, 3. John Takitani 5:02.44, 4. Morgan Gerdel 5:20.69, 5. Greg Brewster 5:24.41, 6. Caronne Rozet 5:26.44, 7. Belden Bautista 5:39.69, 8. Fred Losano 6:11.94, 9. Maxwell Guzman 6:12.24, 10. Keegan Gregg 6:14.43, 11. Rochelle Marsland 6:15.31, 12. Dennis Nakamura 6:20.56, 13. Tosh Peila 6:30.25, 14. Sarah Martinez 7:15.18. **(heat 2)** 1. Jesse Irwin 5:54.44, 2. Colin Brewster 5:54.81, 3. Ryan Macleod 6:52.59, 4. Rose Bacolini 6:56.81, 5. Kimi Losano 7:19.88, 6. Phina Losano 7:20.12, 7. Jerry Johnson 7:38.28.

Long Jump

Ages 5-8 1. (tie) Casey Rehrer 11ft, Gabe Wilson 11ft, 3. Eliza Wright 7ft 5in, 4. Emerald Hege 5ft 6in. **9-12** 1. Ro Wilson 13ft 4in, 2. Jesse Irwin 11ft 9in, 3. Keegan Gregg 11ft 8in, 4. Rose Bacolini 11ft 7in. **13-15** 1. Ayesha Pladera 13ft 4in, 2. Tyler Satoshige 12ft 6in, 3. Ryan Macleod 11ft 9in, 4. Erica Davidge 11ft. **16+** 1. Bradley Cacayorin 19ft 2in, 2. Dan Fields 14ft, 3. Mary Trotto 7ft 1in.

Meet #3 Results
July 9, 2005

4X100 Meter Relay

1. Whilie 4 50.3, 2. Island Movers 52.4, 3. Knuckle Heads 108.1, 4. Goldfish 117.5, 5. Titas 119.0.

100 Meters

Ages 5-8 (heat 1) 1. Jacquie Russel 18.25, 2. Dylan Kresge 19.23, 3. Emerald Hege 21.49, 4. Kyle Russel 29.42. **(heat 2)** 1. Sophia Janssen 18.16, 2. Savy Janssen 18.50, 3. Makena Janssen 19.82, 4. Mahina Ashdown 19.87, 5. Gabrielle Ratte 20.34. **9-12** 1. Dakota Grossman 14.99, 2. Nazareth Thebodeaux 15.12, 3. Zachary Yanagihara 16.44, 4. Zack Kresge 16.77, 5. Rose Bacolini 16.78, 6. Gabe Wilson 16.84. **13-15** 1. Tyler Satoshige 13.48, 2. Tomasi C. Pa'ahana 13.52, 3. Jake Nakashima 14.08, 4. Kelsey Russel 15.73. **16+** 1. Matt "Speedy" Linder 11.25, 2. Jerome Piano (no time), 3. Bradley Cacayorin 11.88, 4. Sam 12.45, 5. Jon Takitani 12.47.

200 Meters

Ages 5-8 1. Kyle Russel 40.33, 2. Mahina Ashdown 40.54, 3. Gabrielle Ashdown 41.23, 4. Makena Janssen 41.44, 5. Sophia Janssen 41.83, 6. Dylan Kresge 46.04, 7. Emerald Hege 46.22, 8. Jackie Russel 1:11.01. **9-12** 1. Nalareth Thebodeaux 30.10, 2. Gabe Wilson 32.55, 3. Dakota Grossman 32.88, 4. Zachary Yanagihara 33.56, 5. Lucas Zarro 35.04, 6. Zack Kresge 44.74. **13-15** 1. Tyler Satoshige 26.82, 2. Tomasi C. Pa'ahana 27.13, 3. Whitney Johnson 29.48, 4. Jake Nakashima 29.89, 5. Kelsie Mackie 30.13, 6. Erica Davidge 33.62.

400 Meters

Ages 5-8 1. Mahina Ashdown 1:36.88, 2. Savy Janssen 1:37.64, 3. Makena Janssen 1:38.40, 4. Emerald Hege 1:39.09, 5. Gabrielle Ratte 1:58.91, 6. Dylan Kresge 2:07.60, 7. Roman Wilson 2:21.58. **9-12** 1. Ro Wilson 1:14.06, 2. Gabe Wilson 1:30.37, 3. Zachary Yanagihara 1:31.26, 4. Arianna Glauser 1:34.67, 5. Meilin Wine 1:39.18, 6. Zachary Kresge 1:42.61. **16+** 1. Matt "Speedy" Linder 55.25, 2. Leif Kohler 56.43, 3. Kelsie Mackie 1:12.94, 4. Erica Davidge 1:14.65, 5. Nancy Robberson 1:16.60, 6. Mary Trotto 1:43.07.

800 Meters

1. Leif Kohler 2:23.31, 2. Nancy Robberson 2:50.82, 3. Rochelle Marsland 2:56.59, 4. Erica Davidge 3:04.30, 5. Dakota Grossman 3:05.99, 6. Rose Bacolini 3:16.45, 7. Kai Williams 3:20.50, 8. Kelsey 3:25.68, 9. Mary 3:41.98, 10. Kyle 3:49.12.

1500 Meters

1. Leif Kohler 4:34.33, 2. Nick Jachowski

4:51.90, 3. Mike Irwin 5:02.54, 4. Fred Losano 5:04.69, 5. John Takitani 5:06.64, 6. Derek Hondo 5:07.20, 7. Jon Michael Delima 5:07.66, 8. Nancy Robberson 5:36.41, 9. Jerome Piano 5:40.56, 10. Hailey Grossman 6:03.73, 11. Rochelle Marsland 6:19.65, 12. Kai Williams 6:43.34, 13. Jerry Johnson 7:32.81, 14. Mel B. 7:34.32.

Long Jump

Ages 5-8 1. Kyle Russel 9'4", 2. Makena Janssen 8'4", 3. Emerald Hege 7'2", 4. Jacqueline Russell 6'1". **9-12** 1. Rose Bacolini 13', 2. Ro Wilson 12'11", 3. Zach Yanagihara 11'10", 4. Gabe Wilson 11', 5. Zack Kresge 9' 5 1/2", 6. Arianna Glauser 9' 1 1/2". **13-15** 1. Erica Davidge 13' 5 1/2", 2. Kelsey Russell 12' 3". **16+** 1. Bradley Cacayorin 18' 2 1/4", 2. Jerome Piano 17', 3. Dustin Irlandez 16' 9 1/2", 4. John Michael 15' 3 1/2", 5. Mary Trotto 8' 1 1/2".

Shot Put

1. Ricky Lazaro 42' 8", 2. Corey Yamamoto 36'11", 3. Matt Linder 34', 4. Mary Trotto 24' 10 1/2".

Discus

16+ 1. Ricky Lazaro 104' 8", 2. Matt Linder 66' 8", 3. Mary Trotto 51' 9".

High Jump

Ages 5-12 1. Ro Wilson 4'4", 2. Kai Williams 3'8", 3. Gabe Wilson 3'5", 4. Zack Kresge 3'2".

Championship Results
Saturday, July 16, 2005

FEMALE

100 Meters

Ages 5-8 1. Christy Fell, 17.04; 2. Emerald Hege, 19.67; 3. Destiny Ricardos, 21.27, 4. Kirsten Baulson, 22.24; 5. Reiley Bridge, 23.43. **9-12** 1. Rose Bacolini, 15.24; 2. Balize Campas, 20.04. **13-15** 1. Gabrielle Alexander, 15.98. **16+** 1. Mary Trotto, 18.12; 2. Maria Ginnebaugh, 18.28.

200 Meters

Ages 5-8 1. Christy Fell, 37.42; 2. Emerald Hege, 43.60; 3. Jacquie Russell, 1:18.90. **9-12** 1. Dakota Grossman, 32.71; 2. Rose Bacolini, 35.41. **13-15** 1. Kelsie Mackie, 30.67; 2. Gabrielle Alexander, 33.09; 3. Erica Davidge, 33.24. **16+** 1. Maria Ginnebaugh, 39.16; 2. Mary

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VIRR All-Comers Track Meets—(continued)

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Trotto, 39.26; 3. Shannon Russell, 39.58.

400 Meters

Ages 5-8 1. Emerald Hege, 1:55.52.
9-12 1. Rose Bacolini, 1:18.20; 2. Dakota Grossman, 1:25.58. **13-15**
1. Kelcie Mackie, 1:13.04; 2. Erica Davidge, 1:16.11; 3. Kelsey Russell, 1:20.46. **16+** 1. Mary Trotto, 1:32.08.

1500 Meters

Mixed Ages 1. Rochelle Marsland, 5:54.01; 2. Hailey Grossman, 5:57.22; 3. Erica Davidge, 6:03.86.

800 Meters

Mixed Ages 1. Rochelle Marsland, 3:00.18; 2. Hailey Grossman, 3:05.35.

Long Jump

Ages 5-8 1. Christy Fell, 8' 8 3/4"; 2. Kirsten Paulson, 6' 7"; 3. Emerald Hege, 6' 3 1/4". **9-12** 1. Rose Bacolini, 11' 7 1/4". **13-15** 1. Erica Davidge, 13' 1"; 2. Kelsey Russell, 13'. **16+** 1. Mary Trotto 7'1".

MALE

100 Meters

Ages 5-8 1. Kawika Kinimaka, 16.99; 2. Dylan Kresge, 22.88; 3. Roman Wilson, 23.78. **9-12** 1. Keegan Gregg, 15.80; 2. Gabe Wilson, 15.82; 3. David Smith, 16.34; 4. Zachary Yanagihara, 16.67; 5. Ben Smith, 17:13; 6. Kyle Mackie, 17.37; 7. Lucas Zarro, 17.44; 8. Zack Kresge, 19.06. **13-15** 1. Tyler Satoshige, 13.44; 2. Tomagi Pa'ahaua, 13.60. **16+** 1. Matt Linder, 11.04; 2. Jerome Piano, 11.35; 3. Bradley Cacayorin, 11.80.

200 Meters

Ages 5-8 1. Kawika Kinimaka, 37.52; 2. Kyle Russell, 39.70; 3. Roman Wilson, 1:04.03. **9-12** 1. Ro Wilson, 29.43; 2. Gabe Wilson, 33.93; 3. Keegan Gregg, 34.04; 4. Zachary Yanagihara, 34.19; 5. David Smith, 35.42; 6. Kai Williams, 36.00; 7. Ben Smith, 37.95; 8. Lucas Zarro, 38.29. **13-15** 1. Tomagi Pa'a-

haua, 27.02; 2. Tyler Satoshige, 27.82. **16+** 1. Matt Linder, 22.64; 2. Bradley Cacayorin, 24.31; 3. Jeremy Aubrun, 25.30; 4. Scott Russell, 25.89.

400 Meters

Ages 5-8 1. Kawika Kinimaka, 1:33.34; 2. Kyle Russell, 1:39.46; 3. Dylan Kresge, 1:52.84; 4. Roman Wilson, 2:27.86; 5. Max Hege, 3:02.40. **9-12** 1. Ro Wilson, 1:08.46; 2. Keegan Gregg, 1:22.70; 3. Zachary Yanagihara, 1:24.47; 4. Kai Williams, 1:25.07. **13-15** 1. Tomagi Pa'ahaua, 1:02.63; 2. Tyler Satoshige, 1:03.87. **16+** 1. Jerome Piano, 55.71; 2. Sam Ohashi-White, 58.32; 3. Scott Russell, 1:00.82; 4. Dustin Irlandez, 1:01.20; 5. Daren Irlandez, 1:06.74.

1500 Meters

1. Reid Hunter, 4:53; 2. Erol Ackdoe, 5:05; 3. Mike Irwin, 5:06.07; 4. Jonathan Takitani, 5:06.70; 5. Dennis Nakamura, 5:49; 6. Bobby Grossman, 5:53; 7. Andy Bridge, 5:54; 8. Kai Williams, 6:29.

800 Meters

1. Tony Richards, 2:21.19; 2. Daniel Erzner, 2:31.20; 3. Erol Ackdoe, 2:37.10; 4. Morgan Gerdel, 2:39.10; 5. Keegan Gregg, 3:18.30; 6. Jerry Johnson, 3:35.47

Long Jump

Ages 5-8 1. Kawika Kinimaka, 11' 2"; 2. Kyle Russell, 8' 8"; 3. Dylan Kresge, 6'2".
9-12 1. Ro Wilson, 13' 4 1/2"; 2. Gabe Wilson, 11' 9"; 3. Zack Yanagihara, 11' 8". **16+** 1. Jeremy Fuller, 19' 6 1/2"; 2. Bradley Cacayorin, 18' 8 3/4"; 3. Dan Fields, 12' 11 3/4".

lao Valley 10K

Mahalo nui loa to race directors Trudy Danza and Layne Oishi for doing such a wonderful job with this event!

Mahalo to all who participated in this year's lao Valley 10K race on July 16. This year's race proceeds went to the East Maui Animal Refuge, also known as the "Boo Boo Zoo." EMAR is a non-profit organization that is a rehabilitation sanctuary for injured and orphaned animals who would otherwise die. EMAR is solely dependent on private donations. With the support from all of you who entered the July race we were able to donate \$1,124.00 to the EMAR to help feed and care for these animals. The turnout was great and everyone had a good time.

Mahalo to all the volunteers who came out to help us: **Jami Kimmell** for the finish line and helping the nice couple who just flew in the day before with their Seiko timer to do the timing, **Nancy Robberson** who graciously agreed 5 minutes before the awards ceremony to be the MC (we love you Nancy), **Estelle Imamura, Marny Hall, Cheryl Boullion, Mike de la Cruz and Marylyn Holland, Mikey Yanagi, Ryan Ishikawa, Wayne Nakata, Colin Yamamoto, Bruce Moore and his 2 sons, Sandra and Dean Kobayashi, Karl Wirtl, Brooke from EMAR and her Mom, Casey Nakasone, Bob Yonahara, Lila and Tyler Kronoski** and the numerous volunteers who came out to support us on race day, you are appreciated.

Also, thanks to **Aubry Hord** for the **Jamba Juice and Starbucks Coffee**, **Al Imamura of Shore to Shore Realty** for his generous donation to help support EMAR, **Mary Trotto** for donating door prizes and as always for being an inspiration to all of us, **Rudy Huber and his wife** for allowing us to hold packet pick-up at **Runners Paradise**, **Layne Oishi** for being a great person to work with and most of all for being a good friend.

See you next year! Trudy and Layne

JULY 4th, 2005—Polipoli Trail Romp Mahalo nui loa once again to **Nancy Robberson, Jami Kimmell, and their doggy pals Kuma and Ui** for organizing the Polipoli Trail Romp! What a great way to celebrate the 4th of July! We had a great turnout and a beautiful day! Mahalo to everyone who participated: **Erol Ackdoe; Lauren Armstrong; Mike Claric; Jonathan Colt; Jack and Trudy Danza; Nicole Forelli, Gregg and Zack Kresge; Morgan Gerdel; Maile Getzen and Buddy Greig; Maria Ginnebaugh; Jennifer Gomes; Maxwell Guzman; Estelle Imamura; Gerry Johnson; Leif Kohler; Chris Mithen; Bruce Moore and his four sons; Lori Sadia; Jay Satenstein; Steve Smith; Joy Tamayose and Miki dog; Dr. T (Mary Trotto); Frank Weatherford; and Karl Wirtl.** Thanks also to everyone who brought refreshments and snacks to share!

Iao Valley 10K Results—July 16, 2005

Male Overall 1. Sam Wilbur 38:44, 2. Stephen Redding 39:55, 3. Erol Ackdoe 40:18. **19 and under** 1. Derek Hondo 43:54, 2. Daniel Enzer 47:50, 3. Will Zarro 58:06. **20-29** 1. Douglas O'Dera 43:01, 2. Jonathon Colt 43:27, 3. Morgan Gerdel 46:27, 4. Benjamin Lowenthal 47:07, 5. Brenden Noonan 48:33, 6. Michael Russell 54:28. **30-39** 1. Sebastian Lastra 41:57, 2. Eek Alask 48:01, 3. Belden Bautista 48:38, 4. Gregg Kresge 48:59, 5. Bradley Kincaid 52:06, 6. Darren Elledge 52:41, 7. Brian Morabito 53:05, 8. Todd Ayotte 54:39, 9. Kyle Yonashiro 1:03:07, 10. Branden Gushiken 1:07:22, 11. James Grieg 1:08:03, 12. David Sullivan 1:17:00, 13. Eric Rogers 1:31:00. **40-49** 1. Michael Irwin 41:54, 2. Alen Geraldi 42:24, 3. Bruce Moore 44:04, 4. William Wagner 43:53, 5. Robert Isagawa 47:10, 6. Dany Fryer 48:42, 7. James Santoro 50:08, 8. Gerry Clark 50:41, 9. Greg King 51:42, 10. Stephen Misialek 53:19, 11. Lyle Matsunaga 59:58, 12. Jeff Takemoto 1:00:35, 13. Dan Wuthrich 1:03:14, 14. Brian Dodson 1:05:42, 15. Ryan Ishikawa

1:06:40, 16. Brian DePonte 1:20:00. **50-59** 1. Fred Losano 43:05, 2. Tom Guerin 45:03, 3. Justin Costa 47:01, 4. Jay Satenstein 47:13, 5. Billy Connor 49:15, 6. Gordon Mowat 49:43, 7. Rob Russell 51:10, 8. James Moriyasu 54:10, 9. Leigh Galloway 54:29, 10. Tom Kamijo 56:58, 11. Eric Yoshizawa 59:29, 12. David Lawrence 1:00:12, 13. Michael Clarke 1:02:41, 14. Kevin Carlson 1:03:49, 15. Tom Huber 1:06:24, 16. Greg Walker 1:11:30, 17. Karl Wirtl 1:27:00. **60 and over** 1. Mike Delacruz 52:53, 2. Jerry Levey 57:32.

Female Overall 1. Ellen hart 42:19, 2. Lindsay Wilbur 44:01, 3. Fay Slattery 44:14. **19 and under** 1. Mackenzie Mabry 51:42, 2. Jasmine Luna 54:36, 3. Phina Losano 58:07, 4. Kimmi Losano 1:00:27, 5. Lauren Matsunaga 1:12:52, 6. Kristi Matsunaga 1:12:52. **20-29** 1. Laurissa Roth 49:26, 2. Jasmina Wirsich 53:22, 3. Theressa Doheny 58:33, 4. Renee Morgan 1:03:48, 5. April Herman 1:05:04, 6. Laura Dixon 1:05:14. **30-39** 1. Sara Clark 45:22, 2. Jennifer Gomes

51:09, 3. Hannah Sullivan 53:21, 4. Susan Langford 53:25, 5. Sarah Martinez 56:03, 6. Tanya Craig 1:01:24, 7. Francine Ching 1:02:40, 8. Allison Dulsinki 1:03:07, 9. Meridith Shuman 1:06:46, 10. Jessica Tonry 1:07:25, 11. Dana Hamamura 1:08:45, 12. Tasha Brandon 1:10:41, 13. Jacqueline Turner 1:13:00, 14. Gail Wright 1:14:00, 15. Lynn Rogers 1:33:00. **40-49** 1. Estelle Imamura 47:26, 2. Nancy Robberson 48:12, 3. Nicole Forelli 53:23, 4. Marny Hall 54:12, 5. Linda Arnold 56:19, 6. Tricia Young 58:18, 7. Cindy Chong 1:00:17, 8. Sharon Wright 1:06:05, 9. Cheryl Boullion 1:06:14, 10. Charlene Shibuya 1:07:16, 11. Carrie Baldwin 1:07:45, 12. Kelly Watanabe 1:11:06, 13. Arnette Courchesne 1:12:17. **50-59** 1. Sheila Mclaughlin 49:32, 2. Mary Trotto 1:05:01, 3. Patricia Vicente 1:06:43, 4. Corrinne McKinnon 1:09:34, 5. Sandra Knapp 1:23:00, 6. Madelynn Templeton 1:35:00. **60 and over** 1. Sunchae Yoon 1:09:10.

Front Street Mile, Lahaina—September 17, 2005

Men

Elite 1. Jason Lunn 4:00, 2. Alex Greaux 4:05, 3. Luis Soto 4:07, 4. Jim Sorensen 4:08, 5. Andrew Carlson 4:09, 6. Josh Spiker 4:12, 7. Scott Wietecha 4:24.

Sub-bantam 1. Weston Rogers 6:46, 2. Ridge Lenny 6:59, 3. Francis Huldi 7:30, 4. Andrew Gibbons 7:37, 5. Lukas Huldi 7:39, 6. Cole Christie 8:19, 7. Zeb Mehning 8:34, 8. Kekoa Hunt 9:08, 9. Keawe Rindlisbacher 9:43, 10. Zac Canton 9:53, 11. Antonio Pelosa 10:24, 12. Iokepa Supnet 10:28, 13. Johnathan Guerrero 10:30, 14. Quinton Potter 10:42, 15. Tom Shuster 11:13, 16. Brannon Valdez 11:38, 17. Clair Peck 12:36, 18. Max Sanders 12:46, 19. David Dree 12:58, 20. Joshua Kepler 12:58, 21. Philip Spee 13:28, 22. Seth Yamada 14:06, 23. Jonathan Abeyta 14:10.

Bantam 1. Jesse Irwin 6:09, 2. Miles Mallott 6:26, 3. Adam Lundblad 6:33, 4. Kalani Hunt 6:34, 5. Colin England 6:44, 6. Alden Simmer 6:47, 7. Brandon Smith 6:49, 8. Tyler Feiteira 7:10, 9. R. J. Moku 7:10, 10. Matthew Foronda 7:13, 11. Harrison Potter 7:26, 12. Elijah Delaunay 7:29, 13. Gary Fanelli 7:30, 14. Lucas Zarro 7:41, 15. Kasey Kerbox 8:02, 16. Daniel Goodfellow 8:04, 17. Miles Spee 8:16, 18. Tyler Gentile 8:25, 19. Tristan Kanekoa 8:27, 20. Kekipi Gamiao 8:51, 21. David Abeyta 11:46.

Midget 1. Kai Lenny 6:10, 2. Kamahoe Bal 6:29, 3. Daylan Machado 6L49, 4. Kody Kerbox 6:52, 5. Nohea Duro 7:13, 6. Andrew Yamamoto 7:49, 7. Raymon Ledesma 8:33, 8. Michael Gorman 9:20.

Young 1. Reid Hunter 5:05, 2. Devin Eagan 5:25, 3. Kaumana Rindlisbacher 5:29, 4. Lathan Welker 5:48, 5. Dane Lum Ho 6:08, 6. Kula Batangan 6:18, 7. Kamaki Maluo-Huber 8:20.

Women

Sub-bantam 1. Malia Lonzaga 8:15, 2. Austin Lee Hoe 8:25, 3. Skylynne Ellazer 8:30, 4. Christina Hunt 9:09, 5. Ally Smith 9:18, 6. Maddy Mallott 9:23, 7. Giulia Mantella 9:29, 8. Maya Reynold 9:35, 9. Emerald Hege 10:13, 10. Hunter Rey Reynolds 11:20, 11. Hana Diller 12:06, 12. Melissa Basye 12:08, 13. Alicia Guerrero 12:09, 14. Liliane White 14:25, 15. Alexis Guerrero 14:55, 16. Kirstin Dice 14:58, 17. Tiare Real 16:03, 18. Chynna Kitagawa 16:29, 19. Madelyn Basye 16:41. **Bantam** 1. Dakota Grossman 6:25, 2. Roxane Gaedeke 6:49, 3. Savon Welker 7:59, 4. Tori-Jean Cambra 8:20, 5. Lia Matsunaga 8:31, 6. Taylor Leworthy 8:31, 7. Kelcey Lorenzo 8:34, 8. Reyna Bateman 8:59, 9. Makena Wright 9:29, 10. McKenna Lickle 10:06, 11. Mikela Rindlisbacher 10:28, 12. Sierra Sacapanio-Alexander 16:10.

Midget 1. Lea Lundblad 6:11, 2. Kailea Tracy 6:16, 3. Michelle Mallott 6:35, 4. Anastasia Rogers 7:14, 5. Gracie Peek 7:33, 6. Kyla Greenwell 7:34, 7. Kamalani Uehara 7:44, 8. Nani Jacobs 7:51, 9. Erika Kekiwi 7:53, 10. Kara Frampton 7:54, 11. Kalena Kao 7:55, 12. Jade Arnold 11:52.

Young 1. Hailey Grossman 6:05, 2. Ayesha Pladera 6:27.22, 3. Erica Davidge 6:27.52, 4. Claire Wilkens 6:27.78, 5. Marina Peila 7:00, 6. Inanna Carter 7:08, 7. Daniella Welsh 7:18, 8. Kailea Frederick 7:25, 9. Cheynna Simmer 7:31, 10. Natalie Rogers 8:00.53, 11. Tuula Perry 8:00.54.

Mixed

Intermediate 1. Elijah Osborne 6:15, 2. Erin Wooldridge 6:16, 3. Conner Sturdevant 6:27, 4. Grant Odo 6:49.

Open 1. Dagen Bendixen 4:42, 2. James Frauzen 4:48, 3. Chris Brindley 5:40, 4. Jeff Sanders 5:14, 5. Ben Darr 5:32, 6. Yaritza Rivera 6:04, 7. Rochelle Marsland 6:14, 8. Shelly Stahlke 6:19, 9. Wayne Cambra 6:28, 10. Kent Shuster 6:35.

Masters 1. Michael Irwin 5:24, 2. Louis Tomisc 5:26, 3. Nancy Robberson 5:45, 4. Sam Velez 5:50, 5. Jerry Wright 6:13, 6. Charles Merlis 6:54, 7. Josephine Noyes 7:12, 8. Lee Smith 7:27, 9. Francine Rindlisbacher 7:57, 10. Josephine Zeamer 11:13.

34th Annual Hana Relay—September 10, 2005

DIVISION RESULTS

HOTEL

1. Westin Maui	7:45:07
2. Westin Maui II	7:52:06
3. Hyatt Regency Maui	8:15:56
4. R-2 Ritz Runners	8:25:33

MEN'S

1. Hawaii Foodbank	4:40:13
2. False Crack	5:36:52
3. The Ball Bear Its	5:50:08
4. Live Strong Nation	5:53:12
5. Asphalt Heroes	5:56:11
6. We've Got the Funk	6:03:37
7. Former Olympic Champions	6:15:46
8. Crimson Tide	6:26:42
9. Fantastic Six	6:34:30
10. Aina Maui Properties II	6:40:59
11. Konohiki Express	6:49:09
12. Kava Bar	7:24:06
13. Patobos	7:39:41

MEN'S MASTERS

1. Kauai Masters	5:37:00
2. Maui Magazine Masters 2	5:39:22
3. Maui Magazine Masters 1	6:47:47
4. Five Suspects & Lawyer	6:48:35
5. KBC Sharks	6:54:26

MIXED

1. Milagros	4:55:19
2. The Bushwackers	5:55:42
3. Sci-Fit	5:56:26
4. OCC Ginger Snatchers	5:56:57
5. TTF Tree Same Tree New	6:03:22
6. Maui Magazine Mixed	6:19:13
7. AFRL Det. 15	6:33:31
8. Holgi's Heroes	6:51:40
9. The Boggers	6:54:10
10. Lola & Rico	6:55:32
11. We Don't Know Jack	6:59:41
12. Charnley's Angels	7:01:33
13. Cultural Surveys Hawaii	7:09:07
14. Mauna Ku'oko'a	7:09:22
15. Running for Rick	7:12:18
16. Kenyan Nat'l Running Team	7:13:22
17. Andrea's Animals	7:13:37
18. Run-a-muck	7:14:27
19. Friction	7:16:09
20. Lomi Shamen	7:22:07
21. Bert's Bees	7:28:20
22. Hana Okolele	7:30:32
23. The Shredders	7:30:32
24. 5am Family Fun	7:32:54
25. S. S. Minnow	7:34:53
26. Y-Knot	7:35:14
27. Bookin It To Hana	7:35:58
28. Pookela	7:42:11
29. HFC	7:45:27
30. Mana Foods	7:48:22
31. Team Moto	7:50:49
32. Aina Maui Properties I	7:52:39

33. CU In Hana	8:03:09
34. The Misfit Toys	8:03:29
35. Honu Hustlers II	8:03:45
36. Xena's Warriors	8:06:10
37. Mulligan's Little Leprechaun	8:09:31
38. Team LB	8:09:34
39. Maikai	8:10:42
40. MBE Express	8:16:05
41. ULTmit Cruisers	8:25:12
42. Paradise Prancers	8:27:57
43. Team 911	8:31:19

MIXED MASTERS

1. Polli's Hot Tamales	5:54:40
2. Vintage Collection	7:01:53
3. OCC Passion Fruit Pelters	7:05:43
4. Plane Insanity	7:23:49
5. Bad Attitude	7:34:34
6. Hasher Dashers	7:36:25
7. TBD	8:40:25

OPEN

1. Maui Magazine Open	5:31:48
2. Liquid Sunshine	6:26:29
3. Team Wasabi	6:30:41
4. Team Dynamite	6:35:55
5. Discalolics	6:48:37
6. LAPD Cavalry	6:51:17
7. Mad Dogs & Englishman	7:15:02
8. Makule Express	7:28:02
9. The Wonder Women	8:13:17
10. Arthur's Limo	Not Avail

WOMEN'S

1. Co Co Nuts	6:48:07
2. Konokiki Wahine	7:07:39
3. Shameless Hussies	7:08:25
4. Pink Ladies	7:28:45
5. Hana Hou-sers	7:51:13
6. Girls Just Wanna Have Fun	7:53:32
7. The Run and Bear Its	7:55:38
8. Running Rainbow Wahine	8:05:49
9. Wahine Underground	8:22:18
10. Honu Hustlers	8:30:37
11. Jeremy's Watering Holes	8:30:55
12. Cops and Robbers	9:01:53
13. Nephron's	9:18:57
14. Jeremy's Angels	Not Avail

WOMEN'S MASTERS

1. Hana Betteys	7:59:31
2. Team Oahu	8:05:08
3. Lisa Schlickting	8:10:05

OVERALL RESULTS

1. Hawaii Foodbank	4:40:13
2. Milagros	4:55:19
3. Maui Magazine Open	5:31:48
4. False Crack	5:36:52
5. Kauai Masters	5:37:00
6. Maui Magazine Master 2	5:39:22

7. The Ball Bear Its	5:50:08
8. Live Strong Nation	5:53:12
9. Polli's Hot Tamales	5:54:40
10. The Bushwackers	5:55:42
11. Asphalt Heroes	5:56:11
12. Sci-Fit	5:56:26
13. OCC Ginger Snatchers	5:56:57
14. TTF Tree Same Tree New	6:03:22
15. We've Got The Funk	6:03:37
16. Former Olympic Champions	6:15:46
17. Maui Magazine Mixed	6:19:13
18. Liquid Sunshine	6:26:29
19. Crimson Tide	6:26:42
20. Team Wasabi	6:30:41
21. AFRL Det. 15	6:33:31
22. Fantastic Six	6:34:30
23. Team Dynamite	6:35:55
24. Aina Maui Properties II	6:40:59
25. Maui Magazine Masters 1	6:47:47
26. Co Co Nuts	6:48:07
27. Five Suspects & Lawyer	6:48:35
28. Discalolics	6:48:37
29. Konohiki Express	6:49:09
30. LAPD Cavalry	6:51:17
31. Holgi's Heroes	6:51:40
32. The Boggers	6:54:10
33. KBC Sharks	6:54:26
34. Lola & Rico	6:55:32
35. We Don't Know Jack	6:59:41
36. Charnley's Angels	7:01:33
37. Vintage Collection	7:01:53
38. OCC Passion Fruit Pelters	7:05:43
39. Konokiki Wahine	7:07:39
40. Shameless Hussies	7:08:25
41. Cultural Surveys Hawaii	7:09:07
42. Mauna Ku'oko'a	7:09:22
43. Running for Rick	7:12:18
44. Kenyan Nat'l Running Team	7:13:22
45. Andrea's Animals	7:13:37
46. Run-a-muck	7:14:27
47. Mad Dogs & Englishman	7:15:02
48. Friction	7:16:09
49. Lomi Shamen	7:22:07
50. Plane Insanity	7:23:49
51. Kava Bar	7:24:06
52. Makule Express	7:28:02
53. Bert's Bees	7:28:20
54. Pink Ladies	7:28:45
55. Hana Okolele	7:30:32
56. The Shredders	7:30:32
57. 5am Family Fun	7:32:54
58. Bad Attitude	7:34:34
59. S. S. Minnow	7:34:53
60. Y-Knot	7:35:14
61. Bookin It To Hana	7:35:58
62. Hasher Dashers	7:36:25
63. Patobos	7:39:41
64. Pookela	7:42:11
65. Westin Maui	7:45:07
66. HFC	7:45:27
67. Mana Foods	7:48:22

(Continued on page 8)

Hana Relay 2005

(Continued from page 7)

68. Team Moto	7:50:49
69. Hana Hou-sers	7:51:13
70. Westin Maui II	7:52:06
71. Aina Maui Properties I	7:52:39
72. Girls Just Wanna Have Fun	7:53:32
73. The Run and Bear Its	7:55:38
74. Hana Betteys	7:59:31
75. CU In Hana	8:03:09
76. The Misfit Toys	8:03:29
77. Honu Hustlers II	8:03:45
78. Team Oahu	8:05:08
79. Running Rainbow Wahine	8:05:49
80. Xena's Warriors	8:06:10
81. Mulligan's Little Leprechaun	8:09:31
82. Team LB	8:09:34
83. Lisa Schlickting	8:10:05
84. Maikai	8:10:42
85. The Wonder Women	8:13:17
86. Hyatt Regency Maui	8:15:56
87. MBE Express	8:16:05
88. Wahine Underground	8:22:18
89. ULTmit Cruisers	8:25:12
90. R-2 Ritz Runners	8:25:33
91. Paradise Prancers	8:27:57
92. Honu Hustlers	8:30:37
93. Jeremy's Watering Holes	8:30:55
94. Team 911	8:31:19
95. TBD	8:40:25
96. Cops and Robbers	9:01:53
97. Nephon's	9:18:57
98. Arthur's Limos	Not avail
99. Jeremy's Angels	Not avail

MAUI MARATHON & HALF-MARATHON—MAHALO

Mahalo to the many volunteers who helped at packet pick-up during Maui Marathon weekend—September 16th and 17th: **Wendy and Greg Walter, Lynette Zakabi, Pat and Jay Satenstein, Adele Trotto, Mike de la Cruz and Marylyn Holland, Pat and Julian Bellin, Fred Kaya, Sandy Knapp, Tom Huber, Judy Manthei, Vern Oato, Trudy Danza, Karen Love, Hannah Parkin, friends of Karen—Melinda Rochon and Stephanie Marshall, Karl Wirtl, Jerry Levey, Wayne Nakata, Layne Oishi, Estelle Imamura, Erol Ackdoe, Tom Armstrong, Eva Opel, Jackie Odre, Marsha Sarver, and Lucy Parkin.**

Aloha from
Cheryl Bouillon
VIRR President

Top 15 Finishers Male

Maui Marathon—Sept 18, 2005

1. Jacob Rotich 2:27:58, 2. Katushi Fuchiwaki 2:29:56, 3. Matthew Holton 2:48:29, 4. Kazuhiko Yoshimura 2:49:32, 5. Chafik Azerki 2:52:16, 6. Mitsuaki Kaneko 2:53:43, 7. Makoto Yamamoto 2:54:22, 8. Keish Doi 2:55:02, 9. Michihito Muroi 2:59:59, 10. Takayoshi Inome 3:02:53, 11. Keisuke Azuma 3:03:53, 12. Hiroshi Eguchi 3:04:28, 13. Tsutsuya Suemoto 3:05:36, 14. Austin Matulonis 3:08:21, 15. Syuuiti Mizuno 3:09:14.

Female

1. Sayuri "Lily" Kusutani 2:55:01, 2. Yoko Yamazawa 3:06:41, 3. Miyuki Kaneko 3:11:58, 4. Ayako Kaneko 3:13:43, 5. Jeannie Wokasch Young 3:17:38, 6. Tina-Louise Harris 3:17:44, 7. Jyunko Ukisu 3:19:52, 8. Tomoko Hayashi 3:21:11, 9. Yukari Matuo 3:21:54, 10. Atsuko Sato 3:22:03, 11. Motoe Ohshiro 3:23:03, 12. Peggy Nelson-Panzer 3:24:06, 13. Janet Snyder 3:31:02, 14. Amy Verity 3:32:18, 15. Lorelle Hovsepian 3:34:56.

Maui Finishers Male

3. Matthew Holton, Kula, 2:48:29; 43. Rocky Cimarusti, Hana, 3:28:49; 57. Maxwell Guzman, Wailuku, 3:36:52; 58. Ty Adriano, Lahaina, 3:36:53; 67. Robert Isagawa, Makawao, 3:40:08; 74. John gillis, Kihei, 3:42:59; 79. Jay Satenstein, Kihei, 3:45:02; 85. Eek Alask, Hana, 3:46:22; 86. Tom Kelecy, Kihei, 3:46:30; 125. Billy Conner, Hana, 3:54:03; 152. Steven Gauntt, Haiku, 4:03:12; 174. Belden Bautista, Kahului, 4:07:19; 201. Jeffrey Willits, Lahaina, 4:14:51; 209. Jimmy Fitt, Haiku, 4:16:05; 210. Noah Brennan, Paia, 4:16:07; 215. Ed Gentry, Lahaina, 4:17:05; 227. Miguel Quintana, Wailuku, 4:19:55; 236. Ovick Kar, Kahului, 4:21:58; 255. Bram Denhaan, Haiku, 4:26:59; 258. Bob Lash, Wailuku, 4:28:01; 289. Sarge McBride, Kihei, 4:34:32; 292. Julian Bellin, Lahaina, 4:35:09; 302. Tom Kamijo, Kihei, 4:39:02; 339. Neil Burkart, Wailuku, 4:44:28; 340. Hugo E. Monterroso, Kihei, 4:44:30; 357. Michael Skolnick, Lahaina, 4:48:34; 455. Daniel Sanders, Kihei, 5:09:52; 474. S. R. Newman, Paia, 5:13:35; 475. Scott Miller, Wailuku, 5:13:40; 489. Jay James, Haiku, 5:18:54; 501. James Herbaugh, Hana, 5:21:15; 524. Greg Walter, Kihei, 5:28:59; 572. Jeff Pollock, Wailuku, 5:43:57; 606. Loren Shim, Lahaina, 5:54:51; 616. Othoniel Perez, Lahaina,

6:04:24; 623. Charles Dofa, Lahaina, 6:08:43; 636. Richard Armijo, Lahaina, 6:13:55; 638. Jeff Epler, Wailuku, 6:15:46; 649. Lee Potts, Lahaina, 6:22:13; 679. James Woessner, Wailuku, 6:43:30; 680. Kai Pelayo, Lahaina, 6:44:25; 686. Wayne Axelson, Kahului, 6:53:10; 693. Eric-Lee Sentani, Wailuku, 7:08:10; 700. Wayne Segundo, Makawao, 7:15:35; 703. George Rosier, Kihei, 7:19:11; 704. Nory Nishimura, Lahaina, 7:19:13; 707. Mark Rabin, Kihei, 7:21:00; 722. Daryl Davis, Kihei, 7:44:53; 726. Andrew Stehl, Kahului, 7:54:03; 728. Dallen Nakamura, Lahaina, 8:05:01.

Female

15. Lorelle Hovsepian, Lahaina, 3:34:56; 17. Sara Clark, Lahaina, 3:35:46; 19. Megan Quale, Lahaina, 3:37:09; 26. Denise Eaton, Lahaina, 3:44:03; 30. Laura Kelecy, Kihei, 3:46:29; 44. Chantal Li, Paia, 3:54:49; 59. Courtney Moser, Lahaina, 4:01:52; 97. Madeline Jordan, Lahaina, 4:17:05; 101. Sarah Nelson, Haiku, 4:18:11; 112. Vicky Absalom, Kahului, 4:23:10; 162. Takako Kamiji, Kihei, 4:40:23; 147. Linda Komatsu-Tanakao, Kahului, 4:36:25; 163. Mariana Landerso, Lahaina, 4:40:25; 164. Leticia Garcia Romero, Lahaina, 4:40:26; 184. Jessica Nohara, Lahaina, 4:43:16; 211. Gina Lawless, Lahaina, 4:51:19; 248. Megan Gibson, Lahaina, 5:01:20; 257. Cheryl Bouillon, Kihei, 5:05:24; 261. Morgan Farnsworth, Lahaina, 5:06:09; 280. Tesha Newman, Paia, 5:13:34; 316. Imelda Castro, Makawao, 5:21:46; 320. Lydia Anka, Lahaina, 5:22:39; 326. Celena Wittman, Paia, 5:24:52; 343. Brandi Gallaher, Haiku, 5:28:28; 438. Sandy Panzo, Kihei, 5:56:13; 461. Angela Chism, Lahaina, 6:04:27; 462. Lysha Kamisato, Lahaina, 6:05:01; 487. Laura Pelayo, Lahaina, 6:14:53; 490. Joyce Harris, Kihei, 6:14:21; 505. Constance R. Sowards, Lahaina, 6:17:55; 553. Sally White, Kahului, 6:34:50; 567. Jennifer Felipe, Kihei, 6:42:08; 581. Young Chun, Kihei, 6:48:52; 605. Brenda White, Lahaina, 7:08:09; 616. Gwendolyn Parker, Lahaina, 7:17:07; 617. Tiare Shim, Lahaina, 7:17:07; 626. Jean Massimo, Kihei, 7:25:46; 632. Christie Ellison, Makawao, 7:28:27; 658. Hiroko Kawachi, Kahului, 7:54:02; 672. Diana Tevaga, Lahaina, 8:25:07.

Maui Half-Marathon—September 18, 2005

Male

1. Roger Busch 1:14:49, 2. Michael Matthews 1:16:14, 3. Dave Schumacher 1:19:00, 4. Conal Tepper 1:19:39, 5. Masahiro Yamagami 1:20:16, **6. James Danza 1:21:24**, 7. David Eagar 1:21:52, 8. Charles Whalen 1:22:40, 9. Toshio Ohmi 1:23:32, 10. Ed Maier 1:26:36, **11. Erol Ackdoe 1:26:40**, **12. Fred Losano 1:27:09**, 13. Seiichi Anzai 1:27:28, 14. Arthur Dunn 1:27:50, 15. Jeff Krasch 1:28:20, 16. Alex Rodriguez 1:28:22, 17. Andrew Baldwin 1:28:32, 18. Daisuke Saitoh 1:29:11, 19. John Keenan III 1:29:24, **20. Morgan Gerdel 1:29:38**, **21. Sebastian Lastra 1:29:55**, **22. Bruce Moore 1:30:32**, 23. Michael Morawski 1:30:49, **24. Tom Guerin 1:31:03**, 25. Peter Geraghty 1:31:29, 26. Shouichi Shimada 1:32:05, 27. Yoshio Abe 1:32:29, 28. Matthew Rauls 1:32:53, 29. Geoff McLaren 1:33:02, 30. Kevin Dorsey 1:33:19, 31. Luis Hernandez 1:33:25, 32. Oren Masserman 1:34:37, 33. Joe Noonan 1:34:59, 34. Matt Masmore 1:35:04, 35. Joshua Heitland 1:35:44, **36. Gerry Clark 1:35:55**, 37. Guy Sugino 1:36:04, 38. Woody Paylor 1:36:15, 39. Robert Dean 1:36:45, 40. Michael Close 1:37:35, 41. Jason Barlow 1:38:07, 42. Markus Schechinger 1:38:15, 43. Chris Reed 1:39:01, 44. Joe Vittum 1:30:10, 45. Paul Weller 1:39:40, 46. Todd German 1:39:44, **47. Eric Gerdes 1:39:47**, 48. Russell Gysberg 1:40:11, 49. Michael Johnson 1:40:13, 50. Paul Konokola 1:40:20, 51. Bret Neathery 1:40:23, 52. Shigeo Watanabe 1:40:30, **53. Bill Darrah 1:41:00**, 54. Bill Olsen 1:41:09, 55. Greger Hagstrom 1:41:25, 56. Yasushi Kubokawa 1:41:57, 57. Carlos Hansen 1:42:21, 58. Darren Elledge 1:42:27, 59. Craig Linghor 1:42:48, 60. Ed Nannenhom 1:43:02, 61. Glenn Yamasaki 1:43:04, 62. John Wardell 1:43:09, 63. Kevin Adair 1:43:13, 64. Dave Van Meter 1:43:18, 65. Stephen Wightman 1:43:26, 66. Aaron Best 1:43:44, **67. Jay Wisthoff 1:43:46**, 68. Masashi Tanida 1:44:21, 69. Timothy Noonan 1:44:29, 70. Graham Turner 1:44:43, 71. Don Bennett 1:44:45, 72. Blake Bader 1:44:47, 73. David Nosrati 1:44:49, 74. Brent Martin 1:44:50, 75. Christoph Lechner 1:44:56, 76. Carl Cox 1:45:24, 77. Mike Kelley 1:45:41, 78. Doug Powell 1:46:01, 79. Lee Parker 1:46:16, 80. Hiroshi Yamamoto 1:46:43, 81. Junichi Gommori 1:46:51, 82. Julian Perks 1:47:27, 83. Michael Kelly 1:47:34, **84. Michael de la Cruz 1:47:56**, 85. Kazuo Oouchi 1:48:04, 86. Martin Diquattro 1:48:10, 87. Rob Reinicke 1:48:39, 88. Diego Alberto Vasquez 1:48:43, 89. Jan Olsman 1:48:47, 90. Warren Hirschson 1:48:59, 91. James Santoro 1:49:05, 92. Yuki Tanaka 1:49:10, 93. Paul Thompson 1:49:35, 94. Dale Bruda 1:49:51, 95. David Sebuck 1:49:59, 96. Kimball McKeenan 1:50:02, 97. Jim Lhotka 1:50:14, **98. Brian Morabito 1:50:20**, 99. Chris Petersen 1:50:28, 100. Toshiaki Seino 1:50:38, **101. Jim Moriyasu 1:50:44**, 102. Benjamin Karlow 1:50:58, 103. David Kirkwood 1:51:01, 104. Scott Greeley 1:51:24, 105. Roger Huld 1:51:45, 106. Scott Martin 1:52:06, 107. George Hanssen 1:52:08, **108. Jerry Levey 1:52:27**, 109. Michael Schmidt 1:52:40, 110. Bjorn Forss 1:52:43, 111. Takehiko Kita 1:52:50, 112. Hiroyuki Ukeguchi 1:53:04, 113. Jan Allen Capule 1:53:12, 114. Peter Hamasaki 1:53:28, 115. Michael Lodge 1:53:38, 116. Marcus Carranza 1:53:39, 117. Kazuo Miyao 1:53:47, 118. Jim Kochman 1:53:53, 119. Karl Higgins 1:54:05, 120. Robert Baur 1:54:10, 121. George Kerr 1:54:21, 122. Takashi Kuboyama 1:54:40, 123. Todd Ayotte 1:54:56, 124. George Hiller Jr. 1:55:03, 125. Makoto Ikeda 1:55:08, 126. Robert V. Stange 1:55:21, 127. Odeelo Dayondon 1:55:24, 128. Bill Burnett 1:55:30, 129. Mike Kelley 1:56:16, 130. Carl Heaton 1:56:50, 131. Gary Coulter 1:57:00, 132. Glenn Kamiya 1:57:02, 133. Shinji Okumura 1:57:04, 134. Vicotr Runco 1:57:22, 135. Geoff Andersen 1:57:34, 136. Masanori Kaishita 1:57:36, 137. Mark Ramsey 1:57:41, 138. David Holman 1:57:50, 139. Candelario Camacho 1:58:14, 140. Mario Todisco 1:58:22, 141. Cliff Jeans 1:58:25, 142. Leigh Galloway 1:58:47, 143. Kurt Larson 1:58:53, 144. Christian O'Meara 1:58:54, 145. Paul Davis 1:59:01, 146. Michael Teates 1:59:03, 147. Eric Underwood 1:59:05, 149. Ronald Ancheta 1:59:18, 149. Fumitake Saito 1:59:19, 150. Rodney Johnson 1:59:32.

Female

1. Kelly Bassett 1:23:30, 2. Rani Tanimoto 1:24:41, 3. Michie Ito 1:24:47, 4. Wakana Akimoto 1:25:50, 5. Carla Holmes 1:31:32, **6. Lindsey Wilbur 1:32:14**, 7. Maki Miyata 1:32:18, 8. Ayako Miura 1:36:31, **9. Marianne Loach 1:36:49**, 10. Marcie Sado 1:38:05, **11. Jackie Odre 1:38:33**, 12. Suzy Poettgen 1:40:27, 13. Joanne Foist 1:41:29, 14. Marci Rhody 1:41:37, **15. Estelle Imamura 1:41:45**, 16. Susan Cronk 1:42:40, 17. Kazuko Sekino 1:42:52, 18. Melinda Hughes 1:43:58, 19. Carlie Broadhurst 1:44:03, 20. Jessica Hudson 1:44:40, 21. Eryn Greenfield 1:44:52, 22. Laura Fanelli 1:44:53, 23. Jeanette Draude 1:45:12, 24. Kelly Noonan 1:45:47, 25. Sara Shores 1:46:04, **26. Asti Tomsic 1:46:11**, 27. Heather Hirschson 1:46:18, 28. Maureen Pearman 1:47:18, **29. Kaye Whitney 1:47:41**, 30. Misty Rauscher 1:48:03, 31. Patricia Whitfield 1:48:15, 32. Shirley Coke 1:48:26, 33. Jennifer Nessel 1:48:49, **34. Nicole Forelli 1:49:08**, 35. Tracy Ellis 1:49:13, 36. Tammy Kelly 1:49:37, 37. Gail Edwards 1:50:01, 38. Haruko Okamoto 1:50:03, 39. Frances McCarty 1:50:24, 40. Kayo Aratama 1:50:25, 41. Wendy Beck 1:50:40, 42. Noriko Kanzaki 1:51:18, 43. Heidi Greeley 1:51:22, 44. Anja Reinhart 1:51:28, 45. Antonia Travaglini 1:51:29, 46. Izumi Kusaka 1:51:35, 47. Kim Ritter 1:52:24, 48. Kyoko Abe 1:52:32, 49. Susan Weston 1:52:34, 50. Wenche Hanssen 1:52:42, 51. Mioko Tanaka 1:52:46, 52. Kathleen Ross Aoki 1:52:58, 53. Maryann Truitt 1:53:13, 54. Ruth Saunders 1:53:18, 55. Julie Pirro 1:53:25, 56. Stephanie Anotnio 1:53:26, 57. Jane Quinmn 1:53:29, 58. Yoko Matsumoto 1:53:33, 59. Hannah Sullivan 1:54:13, 60. Ingrid Norman 1:54:31, 61. Sarah Liddell 1:54:34, **62. Trudy Danza 1:54:42**, 63. Jan Lhotka 1:54:46, 64. Ilona Schaefer 1:54:53, 65. Patrice Carlton 1:54:58, 66. Satoko Takahashi 1:55:01, 67. Colleen Montoure 1:55:04, 68. Carrie Younkin 1:55:17, 69. Yoko Shimura 1:55:26, 70. Miki Murao 1:55:29, 71. Hiromii Watanabe 1:55:33, 72. Emily Kubovchik 1:55:56, 73. Wynne Mullinaz 1:55:58, 74. Laura Young 1:56:08, 75. Mechel Henry 1:56:11, 76. Chiharu Wachi 1:56:14, 77. Kimberly Matthews 1:56:22, 78. Nancy Wozney 1:56:24, 79. Megan Schlusell 1:56:25, 80. Kelly Watanabe 1:56:54, 81. Becky Matsuoka 1:57:10, 82. Trina Ramsey 1:57:39, 83. Mary Kahaialii 1:57:57, 84. Yuriko Yamamoto 1:58:03, 85. Dena Brown 1:58:08, 86. Tara Camfield 1:58:29, 87. Angela Norton 1:58:30, 88. Ryoko Nakajima 1:58:43, 89. Kristi Johnson 1:58:46, 90. Lora Walsh 1:58:58, 91. Kasey Venus 1:58:59, 92. Dawn Gencarelli 1:59:02, 93. Allison Wozney 1:59:16, 94. Michelle Ancheta 1:59:18, 95. Yuko Ogawa 1:59:18, 96. Asaka Kobayashi 1:59:21, 97. Sachiko Uehara 1:59:30, 98. Lydia Nessel 1:59:35, 99. Cindy Smarcan 1:59:40, 100. Gail Walton 1:59:43, 101. Ruth Brindley 1:59:54, 102.

(Continued on page 10)

CALENDAR OF EVENTS (VALLEY ISLE ROAD RUNNERS events in BOLD.)

To add an event please leave a message on the VIRR hotline at 871-6441 or email Joy (ulukitty@aol.com).

Oct 15	Sat	6th Annual Pauwela Off-road Duathlon 3.4-Mile Run, 10.2-Mile Mountain Bile, 3.4-Mile Run	8:30 AM, Pauwela Lighthouse Park, Haiku. Call Tom or Susan at 573-5714 for more information.
Oct 22	Sat	XTERRA South Maui Scramble 5K/10K	8 AM, End of Piilani Highway, Wailea. Call 1-877-751-8880 or visit www.xterraplanet.com
Oct 23	Sun	Nissan XTERRA World Championship Off-road triathlon	9 AM, Maui Prince Resort, Makena. Call 1-877-751-8880 or visit www.xterraplanet.com
Oct 29	Sat	16th Annual Terry Fox "Day of Hope" 10K Run, 5K Run/Walk, Keiki K, and Keiki Dash	7 AM, Four Seasons Resort Maui, Wailea. Call 891-4100 or visit www.terryfoxmaui.org for more info.
Nov 6	Sun	Harbor to Harbor 9.2 Miler	7 AM, Kahului Harbor to Maalaea Harbor. Call Cheryl at 875-4208 for more info.
Nov 7	Mon	VIRR Monthly Board Meeting Open to all members	7-9 PM, Cameron Center, Meeting Room, Wailuku. Call 871-6441 for more information.
Nov 13	Sun	Aluminum Man "Ready or Not Biathlon" 3/4-mile swim and 5-mile run	8 AM, Polo Beach Park, Wailea. Call Nancy or Jami at 878-2949 for more info.
Nov 20	Sun	Maui Century Ride 25-, 50-, 75-, and 100-mile rides	6:30 and 8:30 AM, Maui Prince Beach Park, Wailea. Call South Maui Bicycles at 874-0068 for more info.
Nov 24	Thu	Turkey Trot—Guess Your Time Fun Runs 16.1/8.6-Milers	7/8 AM, Rice Park, Kula. Call Cathy at 280-4643 for more info.
Nov 26	Sat	Maui Ocean Challenge 1-mile swim, 2-mile paddle, 3-mile kayak, 1-mile run	8:30 AM, Charley Young Beach, Kihei. Call Sara at 280-3100 for more info or visit website: www.mauimultisportsclub.org.
Dec 5	Mon	VIRR Monthly Board Meeting Open to all members	7-9 PM, Cameron Center, Meeting Room, Wailuku. Call 871-6441 for more information.
Dec 10	Sat	Ulupalakua 40-mile Fun Bike Ride	9 AM, Keokea Park, Kula. Call Donnie Arnoult at 572-0259 for more info.
Dec 11	Sun	Aluminum Man "Beach Bash Championship Biathlon" 1/4-mi swim, 1/4-mi beach run, 1/2-mi swim, 3.5-mi run	8 AM, Wailea Beach Park. Call Nancy or Jami at 878-2949 for more info.
Dec 17	Sat	Christmas 5K & 10K Fun Runs	8 AM, Kanaha Beach Park, Kahului. Call Marianne at 874-2500 for more information.

Maui Half-Marathon—continued

(Continued from page 9)

Elleene Stone 2:00:25, 103. Akemi Masuda 2:00:30, 104. Yukiko Shimojo 2:00:31, 105. Kirsten Hardy 2:00:36, 106. Jessie Duncanson 2:00:43, 107. Jennifer Stone 2:01:01, 108. Jamie Branco 2:01:04, 109. Sally Oveson 2:01:18, 110. Harumi Noguchi 2:01:20, 111. Anne Thompson 2:01:29, 112. Kaisa Malinen 2:01:32, 113. Naomi Kakinuma 2:01:33, 114. Denise Katai 2:01:35, 115. Tannys Chow 2:01:36, 116. Dana Russell 2:01:44, 117. Roxanna Hayes 2:01:46, 118. Yuko Tsuzaki 2:01:55, 119. Nancy

Murphy 2:01:56, 120. Rachel Wernicke 2:01:57, 121. Connie Divine 2:02:00, 122. Eric Michewicz 2:02:03, 123. Andrea Kristiansson 2:02:07, **124. Emma Fay 2:02:08**, 125. Noel Ellis 2:02:13, **126. America Salinas-Smith 2:02:32**, 127. Sarah Carignan 2:02:43, 128. Camarcia 2:02:50, **129. Vanessa Ince 2:02:51**, 130. Hang Nguyen 2:20:59, **131. Linda Arnold 2:03:05**, 132. Ellen Kalmbach 2:03:12, 133. Gerri Ann Vagadori 2:03:17, 134. Stephanie Krewson 2:03:21, 135. Cindy Bankler 2:03:22, 136. Rachel Kaiser 2:03:30, 137. Kim Eilers 2:03:37, 138. Judy Dunn 2:03:43, 139. Jeanine Burnett

2:03:46, 140. Amanda Mangano 2:03:52, **141. Theresa Doheny 2:03:54**, 142. Kimberly Willy 2:04:03, 143. Darcy S. Hoover 2:04:19, 144. Fawn Imboden 2:05:06, 145. Annie Swartz 2:05:18, 146. Ayako Sakashita 2:05:20, 147. Francine Ching 2:05:25, 148. Yasuko Adachi 2:05:26, 149. Carol McCurry 2:05:29, 150. Nancy Stevens 2:05:30.



P.O. Box 330099
Kahului, HI 96733
(808) 871-6441

For address corrections contact:
Nicole, Membership Director
871-6441 📧 MAHALO!

Mailing address

Please, don't forget to renew your Valley Isle Road Runner membership! Your expiration date is shown on your address label!

Coming up next

**Harbor to Harbor, 9.2-Mile Fun Run
Sunday, November 6, 2005**

Race day check-in from 6:15-6:30 AM; the run starts at 7 AM
Entry form inside! Sign-up early; **there will be no race day registration!**

The course starts at the Old Kahului Store across from Maui Mall and proceeds along Puunene Avenue, Kuihelani Highway, then Honoapiilani Highway, and finishes in front of the Maui Ocean Center in the Maalaea Harbor Village Shopping Center.

For information and to volunteer, please call Cheryl at 875-4208.